

COSMOPOLITAN

Only
\$3.99

**MAKE
LOVE
LAST**
P. 141

WILD SUMMER SEX

**8 Surprise
Moves
From Foreplay
to Fireworks!**

NICKI MINAJ

**"I Demand
an Orgasm
Every Time"**
#WINNING

TIGHT & TONED REPORT TO BOOTY BOOT CAMP

*He Said
What?!*
Worst. Dates.
Ever.

**WORKPOCALYPSE!
Stay Cool
When Your Day
Explodes**

**Skin
S.O.S.
YOUR
INSTANT
FACE
SAVERS**

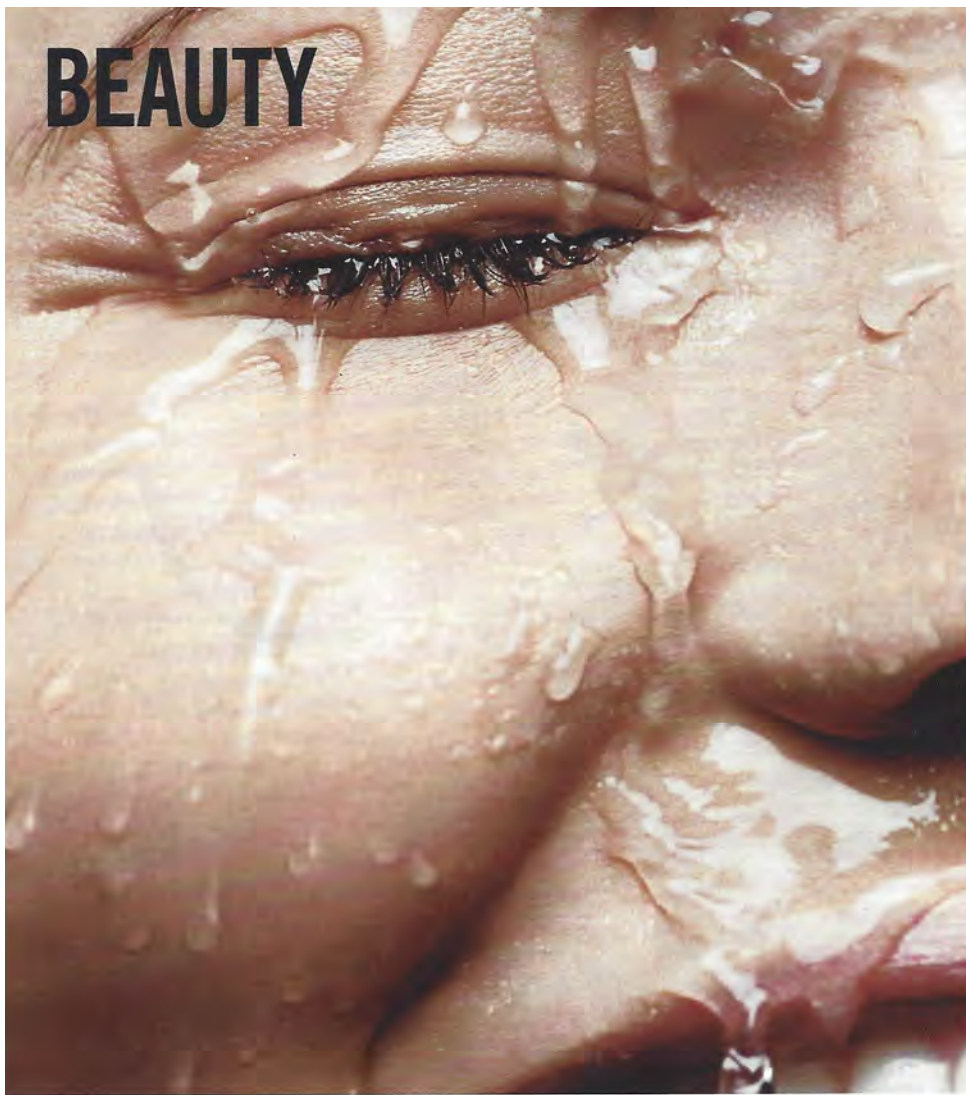
JULY 2015

\$3.99



0 279631 4
cosmopolitan.com

BEAUTY



staple in chic French pharmacies and a fave among top makeup artists (who need to get makeup off quickly and gently)—you can't *not* feel fabulous using one.

HOW TO USE? Saturate a cotton pad, and use it as you would a face wipe.

IF YOU...SUDS UP WITH A WASHCLOTH YOU'LL LOVE... A KONJAC SPONGE

WHY IT'S AMAZING: "It's like a modern day Buf-Puf, except it's gentle," says Ni'Kita Wilson, a cosmetic chemist. The sponge (derived from vegetable roots) has a soft, netlike structure that cleanses skin while sloughing off dead cells. Some sponges are even infused with ingredients such as oil-absorbing charcoal and antioxidants like green tea and lycopene.

HOW TO USE? Dampen and buff away. You can add a dab of cleanser if you like, but it's actually not necessary. While some are recommended for daily use, Dr. Wexler says pay more attention to your face than the directions. While the natural fibers do provide a bit of exfoliation, "if your face feels tight or looks red, scale back."

IF YOU...EXFOLIATE ON THE REG YOU'LL LOVE... CLEANSING POWDER

WHY IT'S AMAZING: Pulverized enzymes and exfoliators create a finely milled powder—one that's transformed into a lush, lightly exfoliating cleanser with a little water. "A powdered face wash sounds crazy, but so did dry shampoo when it first came out!" says Wilson. "This isn't such a leap."

HOW TO USE? In your palms, mix a dime-size amount of powder with water to form a creamy paste (for more exfoliation) or sudsy lather (for less). Work into skin and rinse.

IF YOU'RE...ALL ABOUT LUXE FACIALS YOU'LL LOVE... CLEANSING BALM

WHY IT'S AMAZING: Not only does the indulgent formula leave skin mega-soft, it forces you to chill out. The ultra-rich textures have to be massaged into the skin, which is amazing for circulation.

HOW TO USE? Massage it into dry skin (add water to some) until it transforms into a silky oil or milk. (It's also best for nonoily skin.) Depending on how thick the balm is, you might need to remove it with a washcloth. Skin won't feel squeaky-clean after but rather soft and dewy.

GO, GADGET, GO!

The Clarisonic changed everything, says Wilson, who credits the device with revolutionizing the face-washing game. Since its launch in 2004, it inspired a new category of tools that cleanse and polish your skin as if it were a vintage Porsche—leaving it just as gleaming. Check out the new models.



Clarisonic—the OG of face brushes—gets a glam makeover. This edition comes with both a Luxe Satin

Precision Brush Head (a contoured brush that's great for getting around the nose, lips, and eyes) and a Luxe Cashmere one (perfect for sensitive skin).

CLARISONIC Limited Edition Mia 3 Makeup Removal Expert, \$199, Nordstrom



Buddy, a beauty brush meets Swiss Army knife, works with

nine interchangeable parts, such as face and body heads, a makeup applicator sponge, even a foot pumice.

PULSADERM Buddy Sonic Face Brush, \$69, pulsaderm.com



This cool-looking thing doesn't spin, it pulses. Foreo Luna's nubby silicone bristles

gently dislodge dirt and makeup (while resisting bacteria). After cleansing, flip it over to the smooth side for a mini face massage. That same pulsating action helps relax your muscles while boosting circulation.

FOREO LUNA, \$199, sephora.com